

WEAR **YELLOW** and START WITH HELLO!

Thursday, September 26th



Dear Parent/Caregivers,

We are pleased to inform you that next week, on Thursday, September 26th, your child will be taking part in *Start with Hello!* - aka "HEY DAY" at Noecker. This initiative teaches students the skills they need to reach out and include others who may be dealing with chronic social isolation. The goal is to create a culture of inclusion and connectedness within our classrooms and whole school community. Last year, over 12,000 schools across the US participated in *Start with Hello!*

Social isolation is the overwhelming feeling of being left out, lonely or treated like you are invisible. It is a growing epidemic in the US within our schools. Including others happens in three simple steps:

1. **See Someone Alone**
2. **Reach Out and Help**
3. **Start with HELLO!**



We encourage you to talk to your child about the *Start with Hello* program and "HEY DAY" at Noecker. Please ask what they have learned about reaching out to others and why it is so important. Thank you, as always, for your support in building a positive school climate here at Noecker.

Best,

LYNN CUMMINGS

School Counselor